



Spirit Essences
Holistic Remedies for Animals

SPECIAL FORMULAS – KEY

Revised 4/09

BULLY REMEDY

For the domineering animal; the animal who wants to be boss, or who bullies everyone (often including human family members) into getting its own way.

Campfire, Chamomile, Chicory, Columbine, Cuprite/Chrysocolla, Dogwood, Flowering Cherry, Golden Rod Flower, Happy Wanderer, Holly, Impatiens, Mosquito, Mountain Dahlia, Mountain Alder, Mule Deer, Poison Oak, Prickly Pear Cactus, Purple Salvia, Sorrel Vine, Swallow Wart, Tickseed, Tiger Lily Tomato, Usnea, Vervain, Vine, Walnut, Wind

CHAKRA BALANCER

Cleanses, aligns, and balances the entire Chakra energy system.

Blue Snakeweed, Common Alpine Butterfly, Chiton, Diatoms, Lemon, Lotus, Noni, Pineapple, Pink Seaweed, Rainbow Kelp, Sea Lettuce, Staghorn Algae, Starfish

CHANGING TIMES

For moving, re-homing, remodeling, changes in household or other major changes; helps maintain balance and a sense of security in a shifting territorial reality.

Buffalo, Common Ragwort, Crab Apple, Cayenne, Echinacea, Evening Primrose, Lodgepole Pine, Mariposa Lily, Pink Monkeyflower, Psychillis Macconnelliae, Red Mangrove, Rescue Remedy, Rose Cone Flower, Snowberry, Sea Lettuce, Star Fruit, Twisted Pine, Walnut, Walrus, The Watchman, White Cedar, Yarrow

ULTIMATE CHANGING TIMES

When you have time to plan ahead, this three-formula set can be given starting 2-4 weeks before, during, and after the event (moving day, baby's due date, surgery, caregiver absence, or other predictable change in routine):

Before- Start 2-4 weeks ahead of the event.

Aspen, Cat's Claw, Coco Plum, Beech, Black Ant, Mt. Moran, Penstemon '96, Poison Oak, Rock Water, Scleranthus, Walnut, Walrus, The Watchman

During- Give 1-2 days before, throughout the day of the event, and 1-2 days after.

Aspen, Calabash, Cat's Claw, Common Ragwort, Mimulus, Mt. Moran, Pelican, Psychillis Macconnellaie, Rainbow Kelp, Red Clover, Rescue Remedy, Russian Olive, Scleranthus, Snowberry, Wilcox Fire

After - Give for 2-4 weeks following the event.

Aspen, Calabash, Cat's Claw, Honeysuckle, Mt. Moran, Mule Deer, Orange Flowers, Pale Tiger Swallowtail, Red Mangrove, Russian Sage, Snowberry, Spring Sandwort, Starfish, Star Fruit, Walnut, Walrus, White Cedar, White Eagle

CREAK-AWAY

For animals with arthritis or other movement problems, to help maintain balance and remove the underlying “stuck” energy patterns that contribute to stiffness in the joints.

Columbine, Chia, Chiton, Devils Bit Scaevola, Lodgepole Pine, Love-Lies-Bleeding, Mustard, Noni, Pennyroyal, Rock Water, Salmonberry, Scleranthus, Self-Heal, Staghorn Algae, Wilcox Fire, Walrus

DECLAW REMEDY

For declawed cats, to release the trauma of surgery, the psychological loss that accompanies it, and to relieve the chronic stiffness and discomfort that are the long-term results.

Arnica, Aspen, Canna Lily, Cat’s Claw, Diatoms, Dolphin, Dogwood, Echinacea, Kidney Vetch, Love-Lies-Bleeding, Kaikoura NZ, Noni, Painkiller Plant, Rock Water, Rose of Sharon, Scleranthus, Self-Heal, Sulphurflower, Uncarina Grandidieri

EASY-BREATHER

For animals with respiratory issues, such as chronic upper respiratory infections, bronchitis, asthma, or COPD. Helps balance the immune system and energy fields to decrease stress and allow healing.

Chia, Crab Apple, Dolphin, Elm, Gentian, Golden Areca Palm, Lotus, Lungwort, Mullein, Mule Deer, Noni, Oak, Pelican, Purple Salvia, Rose of Sharon, Sagebrush, Sea Horse, Sedona Storm, Schwedler Maple, Self-Heal, Starfish

EASY TRAVELER

For animals who are fearful about traveling. Helps relieve motion sickness in dogs and cats, helps horses keep their balance during transport.

Aspen, Canyon Dudleya, Elm, Flowering Cherry, Golden Areca Palm, Mimulus, Orange, Pelican, Red Clover, Rescue Remedy, Rock Water, Scleranthus, Snowberry, Sulfur Butterfly, Usnea, Walnut

FEATHER PICKER

For birds who have no medical reason for feather-picking, or where there is a known behavioral component. (A comprehensive veterinary exam is recommended to exclude physical causes prior to using this formula.)

Alpine Forget-Me-Not, Crab Apple, Canyon Dudleya, Elm, Great Egg Fly Butterfly, Lotus, Scarlet Runner Bean, Sea Horse, Self-Heal, Snowberry, Swallow Wart, Vervain, Walnut, The Watchman, Wild Rose, Whale

FERAL CAT REHABILITATION

To help feral cats overcome their fears, to facilitate the process of domestication, and to allow them to accept and reciprocate attention and affection from people.

Avocado, Bird of Paradise, Broccoli, Calabash, Canna Lily, Canyon Dudleya, Evening Primrose, Fox, Holly, Hummingbird, Lodgepole Pine, Pale Tiger Swallowtail, Psychillia Macconellaie, Poison Oak, Pussy Paws, Rescue Remedy, Sorrel Vine, Tomato, Walnut

FIVE-ELEMENT EQUINE REMEDIES

These remedies, based on Traditional Chinese Medicine five-element theory, will help moderate and balance the tendencies and predispositions of each constitutional type.

Earth Horse

Black Ant, Cat's Claw, Crab Apple, Grecian Shoemaker, Lake Taupo, Pacific Ocean Coast, Rock Water

Wood Horse

Beech, Columbine, Impatiens, Rock Water, Usnea, Vervain, Wild Rose

Fire Horse

Chicory, Elm, Goddess Pele, Heartleaf Arnica, Sulfur Butterfly, Walnut, Wild Rose

Metal Horse

Agrimony, Chestnut Bud, Hummingbird, Oak, Scleranthus, Vine, Water Violet

Water Horse

Aspen, Canyon Dudleya, Cerato, Fox, Pacific Ocean Coast, Rescue Remedy, Russian Olive, Scleranthus

FOSTER CARE REMEDY

To help animals in foster homes maintain their health and well-being; to enable them to handle the stress of multiple environments and changes in a short period of time.

Avocado, Bougainvillia Flower, Bramble, Cat's Claw, Chamomile, Chia, Coral, Elm, Noni, Pine, Pink Monkeyflower, Pussy Paws, Rescue Remedy, Star Fruit, Walnut, Walrus, White Eagle, Wild Rose

GRACEFUL AGING

Helps to cope gracefully with the aging process. Disperses the unhealthy energy patterns older animals commonly develop that contribute to disease.

Ageratum Leilani Blue, Ascension, Blue Butterfly, Chamomile, Chia, Crab Apple, Devils Bit Scabiosa, Douglas Fir, Gentian, Honeysuckle, Kaikoura NZ, Lodgepole Pine, Mustard, Noni, Rock Water, Salmonberry, Staghorn Algae, Teakwood Flower, Wild Rose, Zinnia

GROUCH REMEDY

For the animal who is moody, depressed, or despondent. Especially good for animals who are easily annoyed by children, rambunctious animals or generally chaotic homes.

Airport Mesa Vortex, Borage, Bramble, Chamomile, Chiton, Coco Plum, Coral, Crab Apple, Date, Environmental Solution, Mustard, Wild Rose, Great Egg Fly Butterfly, Sphinx Moth, White Cedar, Willow, Zinnia

HAPPY TUMMY

To help balance the energy systems of animals with chronic gastrointestinal problems (gastritis, inflammatory bowel disease, constipation, vomiting, or diarrhea, liver and gall bladder problems) so that the body can heal. Many tummy problems are stress-related; so this formula contains remedies specifically to help the animal cope with stress.

Aloe Vera, Canyon Dudleya, Cat's Claw, Chia, Chiton, Christmas Bush, Diatoms, Dolphin, Elm, Fox, Gentian, Grecian Shoemaker, Lotus, Mosquito, Noni, Oak, Olive, Pink Seaweed, Rose of Sharon, Sagebrush, Sea Lettuce, Self-Heal, Sponge, Staghorn Algae, Starfish, Urchin

HEALTHY HELPER

Helps support, maintain energetic balance, and optimize function of the cells and organs of the immune system. Great for animals who are facing or recovering from surgery or chronic illness.

Arnica, Basil, Chia, Crab Apple, Diatoms, Dolphin, Environmental Solution, Feverfew, Gentian, Great Egg Fly Butterfly, Honeysuckle, Kidney Vetch, Lotus, Love-Lies-Bleeding, Noni, Olive, Rhubarb, Rose of Sharon, Salmonberry, Schwedler Maple, Sea Lettuce, Self-Heal

HOLIDAY STRESS STOPPER

The holiday season can also be very stressful for our pets. This special edition of our popular Stress Stopper formula has added ingredients to help cope with the increased hustle and bustle.

Aspen, Beech, Bramble, Canna Lily, Cat's Claw, Chiton, Coco Plum, Douglas Fir, Elm, Florida Tidal Pool, Golden Areca Palm, Hawthorn Tree, Holly, Mimulus, Mosquito, Mountain Pool, Pelican, Rescue Remedy, Russian Olive, Scleranthus, Staghorn Algae, Sorrel Vine, Spring Sandwort, Sweet Chestnut, Walnut

HYPER HELPER

For the animal who often resembles a furry blur! To help balance out of control physical urges with softer, integrated actions.

Canyon Dudleyea, Clematis, Columbine, Common Alpine Butterfly, Corn, Dogwood, Impatiens, Lavender, Madia, Mountain Alder, Pink Seaweed, Rainbow Kelp, Red Clover, Sulphur Butterfly, Trillium, Vervain, White Chestnut, White Pelican, Wild Oat

LOSS REMEDY

For the animal who is having difficulty accepting the loss of a mate or companion. Helps release the past and move forward.

Amethyst Elestial, Angelica, Ascension, Bird of Paradise, Borage, Blue Butterfly, Bougainvillia Flower, Calabash, Honeysuckle, Hornbeam, Rose Quartz, Star of Bethlehem, Starfish, Walnut, The Watchman, Water Violet, Wilcox Fire

NERVOUS NELLY

For animals who are overly sensitive to their environments. For animals who are timid, shy, fearful or "high strung."

Aspen, Bachelors Buttons, Chamomile, Elm, Larch, Mimulus, Pale Tiger Swallowtail, Pink Fairy Orchid, Pussy Paws, Rainbow Kelp, Rescue Remedy, Russian Olive, Scarlet Runner Bean, Stonecrop, Teewinot, Tomato, Violet, The Watchman

NIGHT OWL

For animals who are determinedly nocturnal, whose circadian rhythms are out of sync with the rest of the household. While pursuing behavior modification, this remedy is great to help retrain animals with the middle-of-the-night crazies and let everyone rest more soundly.

Blue Butterfly, Chamomile, Chicory, Coral, Flowering Cherry, Golden Rod Flower, Heather, Hummingbird, Lantana Involucrata, Orange Flowers, Sticky Geranium, White Cedar, White Chestnut, Valerian, Vervain, Vine, White Pelican, Wild Rose, Willow

OBSESSION REMEDY

For animals with chronic obsessive-compulsive behaviors (OCD's) such as: excessive grooming, pacing and vocalization. Also for Pica, cribbing, wind-sucking, chewing, and self-mutilation.
Box Briar, Coco Plum, Detachment, Dogwood, Crab Apple, Elm, Environmental Solution, Orange, Orange Flowers, Purple Salvia, Red Clover, Scleranthus, Sedona Storm, Swallow Wart, Sweet Chestnut, Tickseed, Vervain, The Watchman, White Cedar, White Chestnut,

PARA-OUTTA-SITE

To clear the energy imbalances that allows parasites to colonize the physical body. Strengthens the auric shield.

Aloe Vera, Amethyst Elestial, Cat's Claw, Christmas Bush, Crab Apple, Diatoms, Dolphin, Environmental Solution, Grecian Shoemaker, Great Egg Fly Butterfly, Lemon, Lotus, Noni, Orange Flowers, Pennyroyal, Rhubarb, Russian Olive, Schwedler Maple, St. John's Wort, Tickseed

PEACEMAKER

To reduce or eliminate aggression, conflicts, or jealousy between animals and promote tolerance.
Agrimony, Beech, Bluebells, Canyon Dudleya, Columbine, Coral, Golden Rod Flower, Haha, Holly, Impatiens, Lantana Involucrata, Mary Queen of Scots Rose, Mallow, Mule Deer, Oregon Grape, Poison Oak, Prairie Dog, Prickly Pear Cactus, Silvery Lupine, Sorrel Vine, Sweet Pea, Tiger Lily, Walnut, Willow

ULTIMATE PEACEMAKER

For deep, serious or longstanding aggression/conflicts between animals, especially cats. Three-formula set: *Peacemaker (base formula), Bully (for the dominant animal), and Self-Esteem (for the submissive animal)*. Also available through individual consultation to fine-tune each formula for the particular animals involved.

PERFORMANCE

For show, racing, agility, dressage, or other performance animals.

Feline

Alpine Forget-Me-Not, Aspen, Bramble, Canyon Dudleya, Cat's Claw, Coco Plum, Chamomile, Chia, Elm, Eye of God, Larch, Pale Tiger Swallowtail, Rescue Remedy, Walnut, Walrus

Canine

Agrimony, Beech, Cerato, Chestnut Bud, Chia, Clematis, Crab Apple, Elm, Hummingbird, Kinnickinnick, Mouse, Pennyroyal, Russian Sage, Skyrocket Gilia, Vervain

Equine

Agrimony, Beech, Black Ant, Borage, Cayenne, Chestnut Bud, Corn, Dandelion, Elm, Environmental Solution, Happy Wanderer, Lavender, Kinnickinnick, Madia, Mouse, Rufous Hummingbird, Shark, Skyrocket Gilia, Sticky Geranium, White Pelican, Yarrow

RAINBOW BRIDGE

To comfort the animal who is terminally ill or injured, and assist in passage to the next realm.

Amethyst Elestial, Angelica, Ascension, Blue Butterfly I, Blue Snakeweed, Calabash, Leigh Lake, Matanzas Bay Oyster, Monarch Butterfly, Mountain Alder, Sphinx Moth, Star Fruit, Valerian, White Cedar, White Pelican, Wilcox Fire

SAFE SPACE FOR CATS

To help the animal establish appropriate boundaries and reduce territorial stress or anxiety that may manifest as spraying, inappropriate elimination, aggression, or other stress-related behaviors.

Broccoli, Campfire, Chamomile, Chiton, Elm, Eye of God, Golden Areca Palm, Lantana Involucrata, Mountain Pool, Pink Seaweed, Pink Yarrow, Rainbow Kelp, Rose Cone Flower, Russian Olive, Spring Sandwort, Swallow Wart, Vervain, Vine, Walnut, White Eagle, Wind

SAFE SPACE FOR DOGS

To help the animal establish appropriate boundaries and reduce territorial stress or anxiety that may manifest as inappropriate elimination, barking, aggression, or other stress-related behaviors.

Blue Snakeweed, Campfire, Chamomile, Chiton, Corn, Cosmos, Heather, Hawthorn Tree, Mountain Pool, Pink Seaweed, Pink Yarrow, Prickly Pear Cactus, Rainbow Kelp, Rose Cone Flower, Russian Olive, Sorrel Vine, Swallow Wart, Trillium, Tiger Lily, Tomato, Vervain, Walnut, White Eagle

SCAREDY CAT

For the fearful cat who lives in the closet or under the bed, or who runs and hides from strangers, noises, or other animals.

Aspen, Bramble, Calabash, Copper Butterfly, Elm, Happy Wanderer, Larch, Mimulus, Mountain Pool, Pale Tiger Swallowtail, Pink Fairy Orchid, Pussy Paws, Red Clover, Rescue Remedy, Russian Olive, Orange, Scarlet Runner Bean, Teewinot, Tomato, Urchin, Violet, White Eagle

SELF-ESTEEM

For animals who lack self-confidence or who are overly submissive; including submissive urination in dogs. For the picked-on animal, the doormat with a "victim" attitude.

Bachelors Buttons, Bird of Paradise, Borage, Broccoli, Cat's Claw, Centaury, Corn, Dill, Heather, Larch, Orange Flowers, Pink Monkeyflower, Rescue Remedy, Skyrocket Gilia, Spring Sandwort, Star Tulip, Stonecrop, Teewinot, Urchin, Violet, White Eagle

SEPARATION ANXIETY

For clingy, needy, or dependent animals. For the animal who sits by the window waiting for her guardians to return, or becomes destructive in their absence. For horses who whinny, crib or pace when separated from their companions.

Aspen, Bird of Paradise, Cathedral Rock Vortex, Calabash, Cat's Claw, Cerato, Chamomile, Fox, Heather, Kinnickinnick, Lantana Involucrata, Mt. Moran, Red Chestnut, Red Clover, Rescue Remedy, Scarlet Runner Bean, Snowberry, St. John's Wort, Sweet Chestnut, Tomato, Vervain, The Watchman

SHELTER REMEDIES

For stray, relinquished or impounded animals as they proceed through the shelter system.

Intake

For use during the first few days after entry into the shelter.

Calabash, Chia, Elm, Love-Lies-Bleeding, Noni, Orange Flowers, Pussy Paws, Red Clover, Rescue Remedy, Self-Heal, Spring Sandwort, Star Fruit, Sulfur Butterfly, Valerian, Walnut

Kennel

To be used while the animal is housed in a kennel, cage, etc. during impoundment or while being offered for adoption.

Buffalo, Chia, Fox, Golden Areca Palm, Haha, Honeysuckle, Hummingbird, Larch, Lotus, Mariposa Lily, Noni, Owl, Snowberry, Sphinx Moth, White Chestnut, Wild Rose, The Watchman, Water Hyacinth, Zinnia

Adoption

To be given during the first 1-2 weeks in the animal's new home.

Agrimony, Aspen, Bluebells, Coral, Goddess Pele, Kidney Vetch, Noni, Red Mangrove, Snowberry, Sweet Pea, Walnut, Walrus, White Eagle

SKIN SOOTHER

Factors such as food, inhalant and environmental allergies, as well as everyday stressors can lead many animals to believe that they are under attack from their own skin. Constant itching, licking, pulling out fur (including "bald belly syndrome"), self-biting and in cats, Feline Hyperesthesia Syndrome are too often the result. Skin Soother helps to break the cycle of anxiety and balance the energy system, allowing the healing to begin from the inside out.

Aloe Vera, Broccoli, Cat's Claw, Chia, Christmas Bush, Crab Apple, Jewelweed, Kidney Vetch, Lotus, Mosquito, Noni, Lotus, Orange, Pink Fairy Orchid, Pink Seaweed, Rainbow Kelp, Walnut

SPAY/NEUTER

To help restore and rebalance the male/female energies that are unavoidably disrupted by the procedure.

Alpine Forget-Me-Knot, Basil, Canyon Dudleya, Christmas Bush, Cuprite/Chrysocolla, Diatoms, Evening Primrose, Heartleaf Arnica, Lotus, Mountain Alder, Noni, Penstemon, Poison Oak, Trillium, Unacrina Grandidieri, Wild Blue Flax, Wild Rose

STRESS STOPPER

Helps normal animals adapt and cope with abnormally stressful situations. Helps animals to feel grounded and protected.

Aspen, Basil, Blackberry, Canna Lily, Canyon Dudleya, Cat's Claw, Chiton, Hawthorn Tree, Lantana Involucrata, Mimulus, Mountain Pool, Orange, Pelican, Pennyroyal, Rescue Remedy, Russian Olive, Scleranthus, Staghorn Algae, Sweet Chestnut, Valerian, The Watchman, Walnut, White Cedar

TRAINING

To help with training, to keep the animal's attention focused on the task. Also assists with breaking bad habits, such as excessive barking.

Canine

Agrimony, Beech, Chestnut Bud, Clematis, Elm, Flowering Cherry, Golden Areca Palm, Hummingbird, Kinnikinnick, Madia, Mouse, Sorrel Vine, Tickseed, Trillium, Vervain, White Cedar

Feline

Agrimony, Chestnut Bud, Clematis, Corn, Elm, Flowering Cherry, Hummingbird, Madia, Penstemon '96, Sea Urchin, Sorrel Vine, Vervain, White Cedar, Willow

Equine

Agrimony, Beech, Borage, Cerato, Chestnut Bud, Clematis, Dandelion, Elm, Flowering Cherry, Happy Wanderer, Impatiens, Kinnikinnick, Madia, Mullein, Rufous Hummingbird, Shark, Sorrel Vine, Trillium, Vervain, White Cedar, White Lily

TRAUMA-FREE

For PTSD (Post Traumatic Stress Disorder). For healing from any emotional or physical trauma, abuse, or illness, whether current or in the distant past. It is particularly helpful for animals that have been stray, or impounded.

Arnica, Avocado, Canna Lily, Crinum Lily, Dill, Diatoms, Echinacea, Evening Primrose, Haha, Heartleaf Arnica, Lodgepole Pine, Love-Lies-Bleeding, Orange Flowers, Pine, Prickly Pear Cactus, Russian Sage, Snowberry, Star of Bethlehem, Swallow Wart, Twisted Pine, Uncarina Grandidieri, Water Violet, Wild Rose

UR-FINE

To help pets with inflammatory disorders of the urinary tract (FUS, FLUTD, cystitis, crystals, stones). Stress is a major contributor to flare-ups of these problems. This formula helps balance the animal's energy system and encourages proper flow of fluids in the body.

Bladderwort, Blue Snakeweed, Cat's Claw, Chia, Chiton, Coco Plum, Coral, Diatoms, Dolphin, Echinacea, Gentian, Kidney Vetch, Noni, Pacific Ocean Coast, Rhubarb, Salmonberry, Self-Heal, Sedona Storm, Snowberry, Star of Bethlehem, Usnea, Walnut, Walrus, Wild Rose

VACCINE DETOX

Helps clear the toxic energies that can be introduced to the body by vaccines. Give for 2-4 weeks after vaccination.

Aloe Vera, Blackberry, Broccoli, Chia, Christmas Bush, Crab Apple, Diatoms, Lotus, Noni, Pineapple, Rescue Remedy, Rhubarb, Salmonberry, Schwedler Maple, Sea Lettuce, Sedona Storm, Self-Heal, Sponge

Winter Blues Remedy

Black Ebony, Blue Butterfly, Borage, Cathedral Rock Vortex, Cayenne, Chamomile, Chia, Diatoms, Douglas Fir, Environmental Solution, Feverfew, Gentian, Hornbeam, Lefthand Creek, Monarch Butterfly, Sedona Storm, St John's Wort, Water Hyacinth